

Apples

**According to the
New Jersey Department
of Agriculture, we rank
8th among all of the
states in the volume
of apples produced.**

**In 2016, New Jersey farmers grew
36,000,000 pounds of apples
on 1,800 acres.**



**APPLE
FACT**

1

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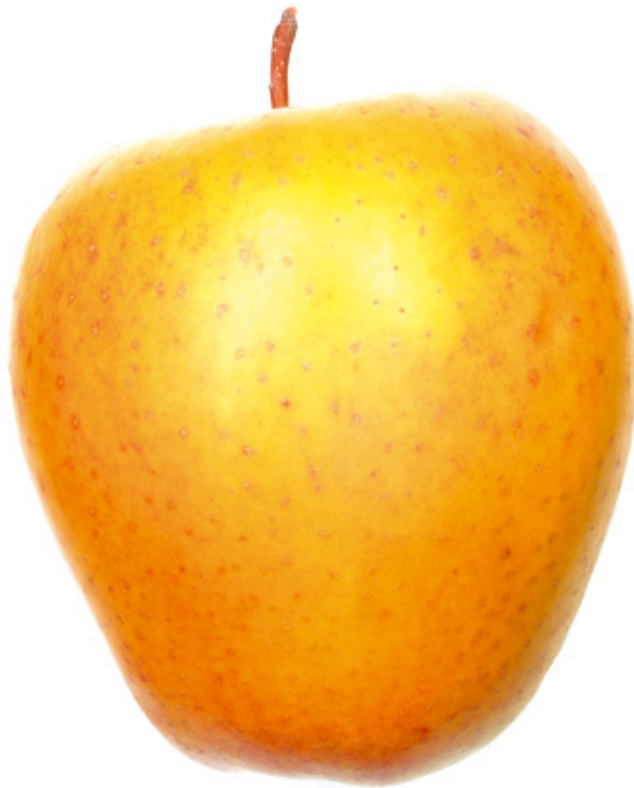


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Apples

**More than 30 apple varieties
are grown in New Jersey**

**Peak apple season
in New Jersey is
from September 1
to October 25.**



**APPLE
FACT**

2

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Apples

Winesap is one of the oldest apple varieties grown in New Jersey, dating back to the late 1700s.

Winesaps are dull, dark red over a greenish background. They are tart, with a rich, wine-like flavor.



**APPLE
FACT**

3

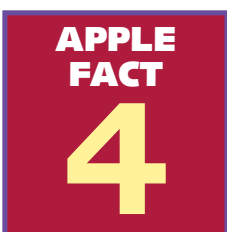
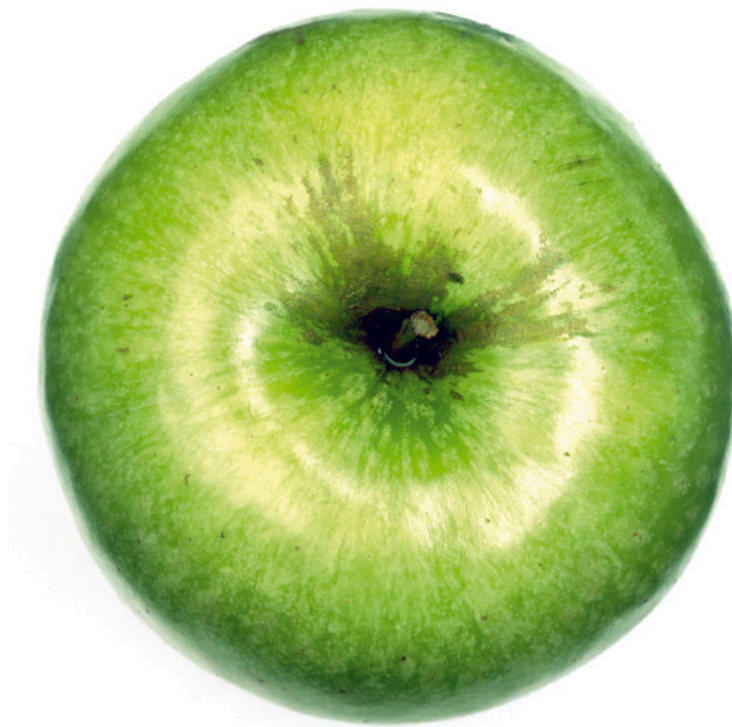
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Apples

If you cut an apple across the middle from side to side, you'll see a star shape that is formed by the seed pockets, which are called carpels.



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**Popular apples grown in
New Jersey include
Red Delicious,
Golden Delicious, McIntosh,
and Granny Smith
as well as Braeburn, Fuji, Jonagold,
Rome Beauty, Winesap, McIntosh,
Pink Lady, Cameo, York,
Ginger Gold, and Jonathan.**



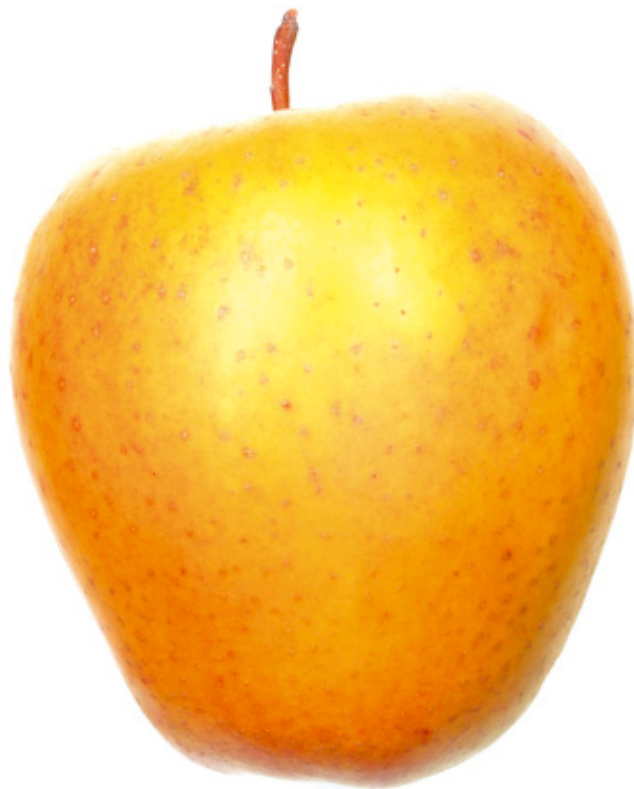
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**Apples are
a member of
the rose family,
as are pears, peaches,
plums, and cherries.**



**APPLE
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There are over 7,000 varieties of apples grown throughout the world. In one year, an apple tree produces 840 pounds of apples, which is equal to about 20 bushels.



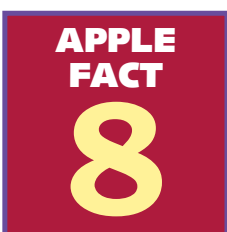
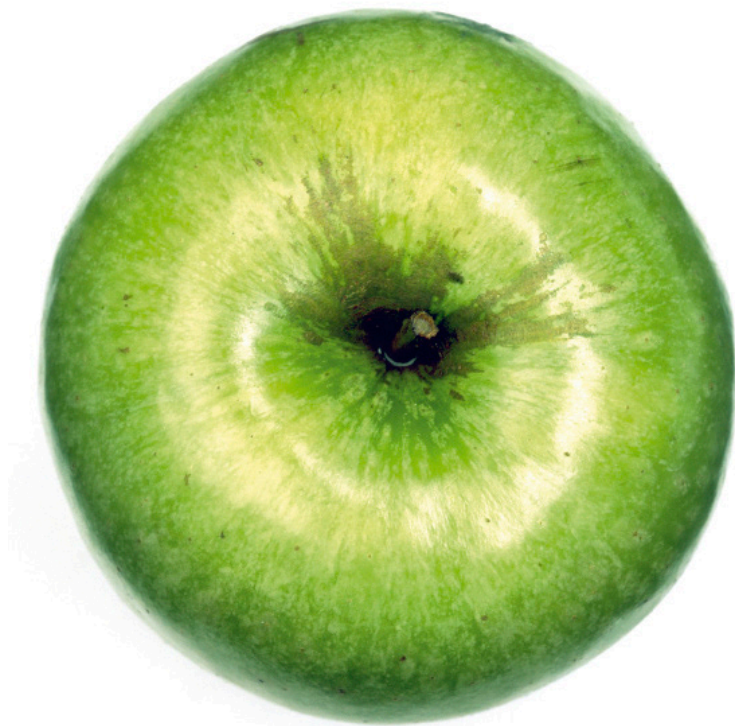
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To prevent freshly cut apples from turning brown, dip each slice in a solution of one part lemon, orange, or pineapple juice to three parts water.



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**Americans eat, on average,
nearly 20 pounds
of apples per year.**

**Apples are high in antioxidants,
which prevent illness, and in dietary
fiber. They also contain some
calcium and potassium.**



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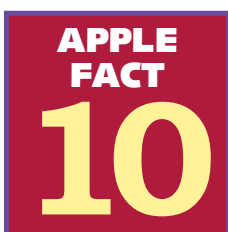


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About 25 percent of an apple's volume is air, which is why they float.

One apple has 5 grams of fiber, which provides 20% of the daily fiber recommendation.



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